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DIETARY STUDIES

SCHEDULE 1

U. S. Department of Agriculture,

OFFICE OF EXPERIMENT STATIONS.

DIETARY STUDIES.

Dietary study of family at—

No. _____, _____ Street.

(City or town) _____

(State) _____

Name of head of family _____

P. O. Address: _____

Study began* _____, 189 .

Study continued _____ days.

Study ended* _____, 189 .

* State meal and date.

REF. No.	SEX.	NAME.	PLACE OF BIRTH.	AGE.	WEIGHT.	OCCUPATION.
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

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RELATION TO THE FAMILY.	INCOME.	REMARKS.	REF. No.
			1
			2
			3
			4
			5
			6
			7
			8
			9
			10

REF. No.	SEX.	NAME.	PLACE OF BIRTH.	AGE.	WEIGHT.	OCCUPATION.
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

RELATION TO THE FAMILY.	INCOME.	REMARKS.	REF. No.
			11
			12
			13
			14
			15
			16
			17
			18
			19
			20

How much rent do you pay, and for how many rooms? -----

Do you buy with cash or on credit? -----

Do you buy provisions by the day or week, or how? -----

Do you buy at the large markets? -----

How are your different meats cooked (baked, boiled, broiled, fried, etc.)? -----

[Answer to this question should be made under "Statistics of food," page 8, and "Remarks," page 20.]

Do the children drink milk, coffee, tea, or beer; if so, how often and how much? -----

Is the family in good health, and if not, what has been the illness of any member of the family? -----

Record on this page any other facts relative to the family
which will aid in understanding their habits and conditions
of living.

REMARKS.

REFUSE AND WASTE.

The words refuse and waste are used somewhat indiscriminately. In general, refuse in animal food represents inedible material, although bone, tendon, etc., which are classed as refuse, may be utilized for soup. The refuse of vegetable foods, such as parings, seeds, etc., includes not only inedible material, but also more or less of edible material. The waste includes the edible portion of the food, as pieces of meat, bread, etc., which might be saved but is actually thrown away with the refuse. It is desirable that refuse and waste be described as fully as practicable.



